

# THE BRITISH JOURNAL OF NURSING

WITH WHICH IS INCORPORATED

## THE NURSING RECORD

No. 1,522. VOL. 58. [Registered at the General Post Office as a Newspaper.]

JUNE 2ND, 1917

WEEKLY TWOPENCE.

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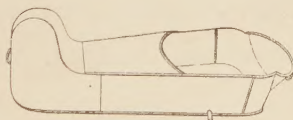


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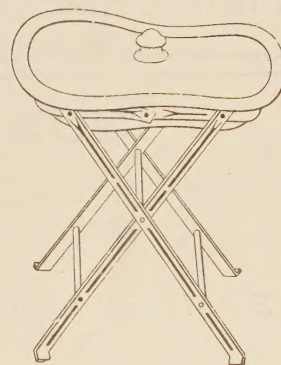
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Cardwell Place, Blackburn, 24th May, 1917. 122

### IMPORTANT TO ADVERTISERS.

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### HOSPITAL AND POOR LAW VACANCIES ETC.—continued.

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Forms of application may be obtained by forwarding a stamped addressed foolscap envelope to the MATRON, Military Hospital, Upper Edmonton, N., to whom all forms, duly filled up, must be returned. 123

#### WANTED at the BROOK WAR HOSPITAL, SHOOTER'S HILL, WOOLWICH:—

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MASSEUSE REQUIRED. Certificated I.S.T.M. (non-resident); to give whole time. Preference given to applicant qualified to teach. Salary commencing £100. Apply, MATRON, Royal Orthopaedic and Spinal Hospital, Newhall Street, Birmingham. 102

### LITERARY CONTRIBUTIONS

Contributions to the Editor should be addressed to her at  
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### HOSPITAL AND POOR LAW VACANCIES ETC.—continued.

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### HOSPITAL AND POOR LAW VACANCIES ETC.—continued.

for interview will be allowed, but the expenses of the successful candidate will not be paid until the first month's salary becomes due.

Further particulars and forms of application may be obtained from the undersigned.

Applications on official forms, with copies of testimonials, must be received at the County Offices, not later than 16th JUNE, 1917.

J. T. MORLAND,  
Clerk of the Council.

Shire Hall, Reading. 134  
May, 1917.

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REQUIRED, two HEALTH VISITORS for Holiday work. C.M.B. certificate and Cyclist essential. Trained Nurse preferred. Salary at the rate of £95.

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The person appointed will be required to act under the supervision of the Medical Officer of Health.

Applications, stating age, experience, and salary required, accompanied by copies of not more than three recent testimonials, to be delivered to the undersigned on or before MONDAY, the 4th day of June, 1917.

Canvassing, either directly or indirectly, will be deemed a disqualification.

JOHN D. FIDLER,  
Clerk to the Council.

Forest Street,  
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15th May, 1917.

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### NIGHT SUPERINTENDENT WANTED.

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CHARGE NURSE WANTED, certificated. Salary, £40. PROBATIONERS WANTED. Salary, £8, £12, £18. Apply, with photo., to the MATRON, General Hospital, Saffron Walden. 137

### APPOINTMENTS VACANT.—continued.

STAFF NURSE WANTED, June 30th (10 beds). Uniform material. Probationer kept. Good surgical work. Apply, MATRON, Cottage Hospital, Felixstowe. 138

NOTTINGHAM AND MIDLAND EYE INFIRMARY. WANTED, a Trained NURSE with Ophthalmic experience. Apply MATRON, enclosing photograph and testimonials. 124

ASSISTANT NURSES WANTED. Fever experience essential. £24, increasing, with Uniform. Apply, with Matron's reference, Isolation Hospital, Stroud. 139

ASSISTANT NURSES (Fever and Sanatorium Wards). £25 and Uniform. Also PROBATIONER NURSES. £10, Indoor Uniform. Apply, with references. MATRON, Isolation Hospital, Taunton. 140

PROBATIONERS WANTED in Tuberculosis Sanatorium. Two years' training. Age from 18. Lectures and Certificate given. Salary £18 to £22. Apply MATRON, City Sanatorium, Yardley Road, Birmingham. 126

THERE are vacancies for well-educated PROBATIONER NURSES. Two years' training. Salary £10-£14. Apply to the MATRON, Moseley Hall Convalescent Hospital for Children, Moseley, Birmingham. 116

BURY INFIRMARY. PROBATIONERS WANTED (not under 18), well educated and strong. Salary £10 first year, £15 second year, and £20 third year. Form of application can be obtained from the MATRON, The Infirmary, Bury, Lancashire. 141

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### APPOINTMENTS VACANT.—continued.

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PROBATIONERS.—The Kirkburton Joint Isolation Hospital Committee have vacancies for Probationers. Two years' training. Certificates given. Applicants must be healthy and strong and not under 21 years of age. Salary, £16 first year; £18, second year; with Uniform. Apply MATRON, Isolation Hospital, Kirkburton, Huddersfield. 144

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PROBATIONERS, also HOLIDAY PROBATIONERS. Age over 21. Three years' training. Apply, full particulars, MATRON, Torbay Hospital, Torquay. 146

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|------------|----|----|--------------|
| LONDON     | .. | .. | Aug. 1, 1917 |
| BIRMINGHAM | .. | .. | Nov. 1, 1917 |
| BRISTOL    | .. | .. | Aug. 1, 1917 |
| LEEDS      | .. | .. | Aug. 1, 1917 |
| LIVERPOOL  | .. | .. | Aug. 1, 1917 |

|                   |    |    |              |
|-------------------|----|----|--------------|
| MANCHESTER        | .. | .. | Nov. 1, 1917 |
| NEWCASTLE-ON-TYNE | .. | .. | Nov. 1, 1917 |

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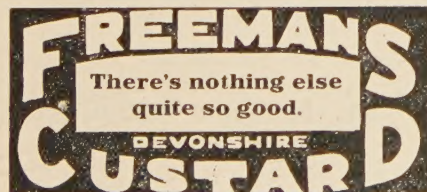
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# THE BRITISH JOURNAL OF NURSING

WITH WHICH IS INCORPORATED  
**THE NURSING RECORD**  
EDITED BY MRS BEDFORD FENWICK

No. 1,522.

SATURDAY, JUNE 2, 1917.

Vol. LVIII.

## EDITORIAL.

### A ROLL OF HONOUR.

The story of the imprisonment of the European Missionaries working in German East Africa on the outbreak of war is one which remains to be fully told, but now that the prisoners of Tabora have been rescued, the long silence has been broken. In the Annual Report of the Universities' Mission to Central Africa just issued we learn something of their experiences. The Archdeacon of Rovurna writes:—"Unfortunately it was our ladies who had a very much harder time than the men. In one prison to which they were sent, and on one of their journeys, they were subjected to treatment which it is almost incredible any civilized nation could inflict. But from first to last they bore it with magnificent patience, and their cheeriness never forsook them." Not least may we be proud of the members of the nursing profession amongst them.

We read: "The nurses who were interned in German East Africa when war broke out had a laborious time. In November, 1914, Miss Wallace and Miss Burn went to Korogwe by request of the German Government, to nurse the wounded English and Indian soldiers who were taken prisoners at the battle of Tanga, and a very busy time they had. . . Miss Burn stayed at Korogwe looking after relays of English wounded until the British arrived last June. Miss Wallace left in June, 1915, and was sent with Miss Gunn to Tabora where they were officially recognized by the Germans as the nurses in charge of the camp hospital." There was a great deal of fever among the prisoners, and also a large number of blackwater fever cases, many very dangerously ill; these all recovered, though without good nursing recovery in several cases would have been impossible.

Miss Davey for ten months looked after the Italian women interned at Kilimatinde three babies being born there. Afterwards she and Miss Horne had charge of the Hospital there during an outbreak of typhoid fever among the English prisoners, some of the cases being very severe, but happily all recovered. Miss Packham went to Mrogoro to nurse the German women and children, and when the town fell stayed on in charge of the British Military Hospital. One of the British doctors wrote to the Bishop of Zanzibar later "We found her installed in charge of the German Hospital at Mrogoro when our Hospital—the 52nd Casualty Clearing Hospital—entered the town with the first Division at the end of August, 1916. . . . One would have thought that two years in a German prison would have been enough to rob anyone of strength and will to work. But with her it was far different. She was always up and in the wards in the early morning before we were about; always the last to go to bed. Up most of the nights; for the worst cases were nursed in the verandah outside her bedroom door."

Other names in this Roll of Honour are those of Miss Kemsley, who worked first among the German women at Liwali and later among the enteric patients at Dar-es-Salaam, and, when it was taken, helped to organise the English Military Hospital; Sister Mabel and Sister Elizabeth who looked after native prisoners, many extremely ill, at Kiboriani and Bugari, and Miss Plant and Miss Dunn, who nursed in the former place, and Miss Plant, with Miss Gunn, nursed Belgian wounded soldiers when Tabora was taken.

The British Military authorities have reason to be grateful to the trained nurses of the Universities' Mission whose services were of the utmost value, and the nursing profession to be proud of their record.



## OUR PRIZE COMPETITION.

### EXPLAIN WHAT IS MEANT BY BLOOD PRESSURE.

We have pleasure in awarding the prize this week to Miss D. Saddington, Western Hospital, Seagrave Road, Fulham, S.W.

### PRIZE PAPER.

The moving blood current exerts a certain amount of pressure upon the vessel walls; this in health is normal blood-pressure—estimated by the experienced touch, but registered far more accurately by delicate instruments designed for the purpose, whereby the pressure in an accessible artery is recorded upon a graduated scale. The instrument is the Sphygmomanometer, of which there are various designs.

*Cause of Blood Pressure* is the resistance in front of the stream, resulting from the constantly diminishing size of the arteries reacting to the attempt to drive blood through them.

*Arterial Pressure* is illustrated by the force of the stream spurting from the mouth of a severed artery. In a small vessel this is an interrupted force, giving the appearance of throbbing or beating in the stream.

*Venous Pressure* causes the blood to well up in a wound, rapidly but with a steady flow; *Capillary blood* simply oozes.

*Blood Pressure* is increased by an increase in the effort of the heart, increase of resistance in front of blood stream, or increase in the volume of the blood. On the other hand, blood pressure is diminished by lessened heart force, diminished resistance, and diminished volume.

*Physiological* or normal high pressure is caused temporarily by a quickening of the circulation, as in vigorous muscle exercise, and by nervous excitement, as fear, anger, and joy.

*Pathological* or abnormal high pressure may be caused by poisons, either swallowed or retained in the system from tissue waste, as in fevers, renal or thyroid disease.

Long-continued high pressure is a common cause of arterio-sclerosis, since it calls for increasing action of the muscles and elastic fibres in the tunica media, and at last tires them out. The elasticity of the vessel wall has gone, it can no longer preserve normal tone; connective tissue thickening follows, and later a uniform hardness and brittleness follow, of which a common result is rupture and hæmorrhage.

*Low pressure* is observed in conditions of depression, muscle exhaustion, and after a debilitating illness and in a very warm atmosphere.

Many of the ductless glands exert an influence upon blood pressure through the medium of their internal secretions. The chief of these are:

*Adrenal Bodies.*—The internal secretion—epinephrin—causes contraction of small arteries, thus increasing blood pressure; at the same time it exerts an inhibitory action on the heart.

*Thyroid Gland and Pituitary Body (hypophysis cerebri).*—The internal secretion of both glands increases blood pressure.

*Thymus Gland.*—During foetal and infant life the secretion of this gland diminishes blood pressure.

*Blood Pressure* is easily influenced by the use of drugs. For example:—Nitro-glycerin lowers it by dilating arterioles; strychnia raises it by contracting them. These are familiar examples; many more might be cited.

### HONOURABLE MENTION.

The following competitors receive honourable mention:—Miss A. M. Johnson, Miss D. Tayler, Miss B. Grey Johnson, Miss P. Robinson, Miss M. James, and Miss Marion Scott Braidwood, whose paper did not arrive in time to include in the competition.

### QUESTION FOR NEXT WEEK.

Name some of the causes of the great mortality in infants, and how to prevent them.

## THE NURSES' PETITION TO THE PRIME MINISTER.

### TO OUR READERS.

Have you signed the Petition to the Prime Minister, asking for representation on the First Council set up in a Nurses' Registration Bill—to make the Rules *you* will have to obey—no matter by whom the Bill is introduced? If you are a thoughtful, responsible woman, you will realise it is your duty to yourself and your fellow nurses to have power to express your opinion, before such Rules are in force. *You* are not the type of woman who is content to be governed without consent, or you would not be a subscriber to the *B.J.N.*

If you and all your colleagues have not yet signed the Petition—*do it now*. The forms can be obtained free at the office, 431, Oxford Street, London, W. 1. Write for a budget—and, if approved, return them signed without delay. The name of every certificated nurse who loves liberty should be found on this Roll.



## NURSING AND THE WAR.

## ROYAL RED CROSS.

The following Matrons and Sisters were received at Buckingham Palace on May 23rd, when His Majesty the King bestowed upon them the decoration of the Royal Red Cross:—

## FIRST CLASS.

QUEEN ALEXANDRA'S IMPERIAL MILITARY NURSING SERVICE RESERVE.—*Matron*: Jean Macleod.

NEW ZEALAND NURSING SERVICE.—*Matron*: Frances Price.

## SECOND CLASS.

QUEEN ALEXANDRA'S IMPERIAL MILITARY NURSING SERVICE.—*Matron*: Fannie Manfield. *Sisters*: Emily Forrest and Violet Reindorp (Reserve).

TERRITORIAL FORCE NURSING SERVICE.—*Matron*: Rachel Steel. *Sisters*: Jessie Arthur, Mary Coxeter, Janet Kirkpatrick, Margaret Newbould, Ethel Steggall. *Staff Nurses*: Eliza Barrett and Gertrude Rushforth.

CIVIL NURSING SERVICE.—*Matrons*: Maud Goodhue, Gertrude Knight, Kathleen Stewart, Nancy Thorpe. *Assistant Matron*: Grace Maywood. *Sister Superior*: Antoinette Tonneau. *Sisters*: Fanny Bell, C. Porter, Hilda Wilson, E. Wood.

CANADIAN NURSING SERVICE.—*Sister*: Janet Macdonald.

The summary of the work of the Joint Women's V.A.D. Department, as reported for April, shows the immense ramifications of these workers. 777 were posted during the month, 174 of whom were sent on nursing service abroad. There are altogether 8,125 such workers now on duty, of whom 2,261 are abroad.

In the Convalescent Homes in France for Sisters, Staff Nurses, and V.A.D.'s, upwards of 200 were admitted during the month.

The St. John Ambulance Brigade Hospital at Etaples has been working at its full capacity, and the cases have been very severe. The French people are very grateful for assistance given to

their wounded by the officers and staff of the hospital.

The award of the Royal Red Cross to Miss Gertrude Knight, Matron of the General Hospital, Nottingham, has given great satisfaction to her large circle of friends and pupils. Miss Knight began her professional training at St. Bartholomew's Hospital, and after some experience of private nursing in Algiers, was appointed Sister at the Radcliffe Hospital, Oxford, and later, successively, Matron of the Eye and Ear Infirmary, Dublin, Matron of the Adelaide Hospital, Dublin, and Matron of the General Hospital, Nottingham, a post she has held since 1892. She was one of the earliest members of the Matrons' Council and

joined the Society for the State Registration of Trained Nurses on its formation, and for many years regularly attended the meetings of both societies. Although of late years stress of work has not permitted Miss Knight to come frequently to meetings in London, she has many friends in the Metropolis whose congratulations on the honour bestowed upon her are real and sincere.



MISS GERTRUDE KNIGHT, R.R.C.

Since it was opened a year and eight months ago, upwards of 350 nurses have enjoyed the lavish hospitality of Princess Christian Home of Rest, at West Lodge, Hadley Wood; and much of their pleasure and happiness has resulted from the great kindness of Mrs. Rogers, who has acted as hostess for the whole time. Imagine, then, the sincere regret of

military and naval nurses, when they learn that on June 1st their real friend and charming hostess is to hand over the management of the Home to another, and seek the rest of which lately she has been very much in need. Every nurse whom she has welcomed and helped to restore to health at West Lodge, will unite with us in wishing Mrs. Rogers speedy restoration to complete health, which has become impaired in her devotion to the welfare of others.

Miss Tod will take up the duties at West Lodge on June 1st, which is now decked in all the loveliness of early summer, and an ideal home for nurses spent in the nation's service.



## A WHIFF OF AMERICA.

We have all been enjoying "a whiff of America" during the past ten days, and to the "internationalists" it is indeed a refreshment. Bright, breezy, full of life and spirits, American nurses come to us a very special product of the great Republic of the West. Each woman diplomaed, State Registered, one and all members of their great free, self-governing National Association of Nurses. To realise that in the year 1892, when we paid our first visit to the United States, there was not one nurses' self-governing association from the Atlantic to the Pacific, and what they have accomplished in that time by *free self-expression*

## OUR AMERICAN COUSINS ARRIVE.

The Lakeside Base Hospital Unit had a strenuous day on May 23rd. First it proceeded to Marlborough House, where the members were received by Queen Alexandra, being presented by Mrs. Whitelaw Reid, Chairman of the American Red Cross in this country.

From thence they proceeded to Buckingham Palace where they were received by the King and Queen, when the King welcomed the Unit in the following words:—"It is with the utmost pleasure and satisfaction that the Queen and I welcome you here to-day. We greet you as the first detachment of the American Army which has landed on our shores since your great Republic



AMERICAN DOCTORS AND NURSES AT BUCKINGHAM PALACE.

of body, mind, and spirit, is to recognise that it is only through granting women such power that they can fit themselves for their high calling on the purest ethical standards. To be organised by others is a very paralysing process, and productive of servile acquiescence on the part of an apathetic majority. That is why we pioneers are protesting against it. We turn to America and see what can be done; it gives us high hope of what, in spite of reaction, British nurses may in a future generation accomplish—when they have the vote and feudalism has been swept away.

The nurses in every country who make a successful stand for self-government, benefit not themselves only but their colleagues elsewhere. The power of example is great.

resolved to join in the world struggle for the ideals of civilisation. We deeply appreciate this prompt and generous response to our needs. It is characteristic of the humanity and chivalry which have ever been evinced by the American nation that the first assistance rendered to the Allies is in connection with the profession of healing and the work of mercy." Each member of the Unit was presented to the King by name by her Matron, Miss Allison, and their Majesties shook hands with each. The King expressed to Miss Allison his pleasure that the Unit had come. The group on this page was taken during the ceremony, and, no doubt, all the nurses will be glad to keep this issue of the *Journal* as a memento of an historic occasion.



In the afternoon the Unit visited St. Thomas' Hospital by invitation, and were received by the Matron, Miss Lloyd Still and others. In the Great Hall a further welcome awaited them from the Treasurer, Mr. Wainwright, after which they were conducted round the wards, both of St. Thomas' Hospital and the 5th London General Hospital (T.F.) tucked away between its pavilions; and the preliminary training home, where some twenty candidates, at a time, during a six weeks' course are instructed in the principles underlying the practice of nursing, and in their application, before proceeding to the wards for training.

Tea was served in the Nightingale Home, the nurses examining with reverent interest the statue and bust of Miss Florence Nightingale enshrined there, as well as the framed drawing for the Nightingale Medal recently struck, and which is presented, with her name engraved round its edge, to the nurse who is head of her year. Before the nurses separated, Mr. Minet, President of the Nightingale Fund, addressing them as "Sisters," said, if he chose that word it was not only because of its technical meaning but because it sent to our lips the word which was ringing through our hearts. They had come from New England to old England, and they were now standing in the shrine to which all good nurses wished to come—the place founded by Miss Nightingale as an example of what ought and should be done in regard to the education of nurses, a place from which her fame had gone out to all lands. They were there because the call of the blood had brought them. We thanked them from the bottom of our hearts, and in the work awaiting them we knew that we could trust our sick and wounded to their tender hands, and that the Sisters, British and American, would all work together for the achievement of a common end.

At the dinner at Derby House in honour of the Unit, which took place later, Miss Allison was placed between Lord Derby and the Surgeon-General. We hear that the medical staff of the hospital have stated that while they themselves were pleased with their cordial reception, what pleased them most was that the nurses should have received so much recognition.

At Waterloo Station on Thursday morning there were present to speed the parting guests the Matrons-in-Chief of the Military and Territorial Force Nursing Services, Miss Lloyd-Still, Miss Cox-Davies and others. A touching offering to Miss Allison was a bouquet of roses from a member of the Pilgrims' Club with five sons at the Front.

Miss Becher then presented Miss Allison with a lovely bouquet of roses tied with the Army colours, and each member of the Unit with a spray of forget-me-nots relieved with white, tied with a knot of Army ribbon, and Miss Breay was there with copies of THE BRITISH JOURNAL OF NURSING just out.

As the train which carried the Unit steamed out of the station one realised how valuable was the *personnel* of sixty-five thoroughly trained and registered nurses aboard, and how precious a gift they bore in their skilled hands.

#### THE HARVARD UNIT.

The Harvard Unit, which was twelve and a-half days on the way, arrived in London on May 23rd, Miss Carrie M. Hall being in charge of the nursing section. Miss Hall is Superintendent of Nurses, of the Nurse Training School at the Peter Brent Brigham Hospital, Boston, that most up-to-date hospital of which an account was given in this journal a short time ago, written by Miss B. Kent, who, with Miss Hulme, was there most delightfully entertained when as delegates of the National Council of Trained Nurses they attended the San Francisco Conference in 1915. Major Patterson

is in command, and Major Harvey Cushing, Medical Reserve Corps, U.S. Army, a great brain specialist, is Director of the professional staff. The Unit is the first to leave America "fully uniformed."

The following is the Roster of the United States Army Base Hospital No. 5, organized from American Red Cross Base Hospital Unit No. 5 (Harvard, Boston): Miss Carrie M. Hall, Matron; Miss Hanna S. Peterson, Assistant Matron; and Misses Jane A. Barker, Mary Birnie, Christina L. Burns, Rose K. Butler, Ethel G. Brooks, Eleanor E. Brewer, Anna P. Caine, Dorothea A. Carlstrom, May G. Coakley, Sarah V. Case, Ruth De M. Conklin, Dorothy Cunningham, Rose A. Cunningham, Virginia R. Clendenin, Phyllis M. Dacey,



MISS CARRIE M. HALL, MATRON HARVARD UNIT.



Elizabeth C. Devine, Mary A. Downey, Helen J. Ebbs, Alice M. Elwell, Louise G. Fiske, Gertrude Fletcher, Katherine E. Forry, Elinor D. Gregg, Gertrude M. Gerrard, Katherine C. Hall, Ruth E. Hawkins, Martha A. Hartman, Pauline C. Jefferson, Esther E. Laurin, Marion E. Leary, Alice L. Lake, Tekla L. Lyndberg, Margaret R. Leavitt, Louise H. McClosky, Melda F. MacDonald, Louise M. Moulton, Margaret M. Northrop, Caroline P. Parker, Eva J. Parmelee, Florence Paxton, Ingrid Petersen, Petra H. Petersen, Golda G. Price, Ingebore Praetorius, Elizabeth M. Pollack, Grace L. Ranney, Gertrude F. Robinson, Mary C. Sedlacek, Grace E. Shepperson, Margaret Small, Barbara E. Stouffer, Winifred G. Trueworthy, Jane Thompson, Josephine Tuell, Ruth M. Weeks, Elizabeth M. Walsh, Mary L. Wright, Mary A. Wallis, Lilly M. Wahler, Margaret Wohlgemuth, Grace Wilday, and Mary E. Wallace.

The majority of the Unit have not been in Europe before, so have made the very best use of their time in London. "Your London is great," as one Sister informed us. They have been received by H.R.H. the Duke of Connaught, at Clarence House, "who was most gracious and kind." The Archdeacon of London "gave us a most lovely time at *Saint Paul's*." Historic "Barts." was shown by Miss Cutler, and a visit paid to St. Bartholomew's the Great—although the wonderful tomb of the Founder is hidden away.

On Saturday last, Miss Hall was entertained at dinner at the International Suffrage Club by Miss B. Kent and Miss A. Hulme, when Mrs. Bedford Fenwick was present; and on the balcony, over coffee, happy reminiscences of international gatherings in the United States were recalled with pleasure—Chicago, Buffalo, San Francisco; the organization of the great American National Associations of Matrons and Nurses; the founding of the International Council of Nurses—through which not only American, but the world's nurses have found means of expression and formed the happiest friendships. All these wonderful successes secured in twenty-five years! The American Ambassador, and Mrs. Whitelaw Reid have also entertained the Unit.

Sunday was "a real glorious day." Sir Thomas Lipton entertained all the doctors and nurses to luncheon and tea at his beautiful country house at New Southgate; and Mr. Harry Lauder sang them several of his most heart-searching songs.

On Monday an American hospital was visited in the morning, and the London Hospital was "hostess" in the afternoon.

#### THE PRESBYTERIAN HOSPITAL UNIT.

The Presbyterian Hospital Unit arrived after an uneventful journey, the voyage being made in just over eight days. For three nights of that time they were not allowed to undress, on two of which they were not permitted to retire to their cabins. The Presbyterian Hospital, New York, is affiliated to Columbia University, so that the Unit is really a University Unit. All these

nurses are graduates of the Presbyterian Hospital, of which Miss Anna C. Maxwell, so well known to British nurses, is Superintendent of Nurses. It is a great pleasure to the staff of the Presbyterian Hospital to know that their Superintendent is to receive an Hon. Degree at Columbia University this month. Miss Maxwell's long and distinguished career and her work for nursing organization has certainly merited this distinction.

The Matron in charge of the nursing staff is Mrs. Janet B. Christie, a graduate of the Presbyterian Hospital, now holding the position of Assistant Superintendent there.

Major Hopwood is in command; and the Chief Surgeon (Director), Major George Brewer, is a Professor of Surgery in the College of Physicians and Surgeons connected with Columbia University.

The undermentioned nurses are the members of the Presbyterian Hospital Unit:—Mrs. Janet B. Christie, Chief Nurse (Matron); Miss Elspeth A. Gould, Assistant Chief Nurse; Misses Jessie Allen, Virginia Anderburg, Dora M. Anderson, Marjorie P. Armstrong, Ethel R. Arthur, Margaret Ashmun, Anna M. Balen, Ada F. Benjamin, Lela R. Blaine, Marie T. Bonnet, Elizabeth R. Brackett, Dorothy Brown, Winifred W. Bullard, Helen Cahoon, Jean Cleland, Marjorie E. Conover, May Coulson, Jessie K. Davis, Mary Lane Davis, Ethel De Ronde, Gertrude Drake, Harriet Dunlap, Ruby H. Emery, Madeline Evans, Alice Field, Helen L. Floyd, F. Esther Fortune, Anne S. Foster, Mae Gaut, Ethel M. Goldsmith, Florence A. Graham, Marion E. Hesseltine, Ruth Hovey, Katherine Kerr, Anna L. Leonard, Marjory J. Lewis, Edith E. McClay, Elsie McClive, Beatrice Mary MacDonald, Sara MacDonald, Louise M. Marsh, Kathro M. Mason, Violetta Mercer, Ethel L. Moon, Georgia A. Morrison, Malinda M. Murphy, Helen C. Niven, Frances F. Oldham, Claudie M. O'Neill, Florence Owen, Anne Penland, Elizabeth Phillips, Florence A. Reiman, Jane I. Rignel, Amabel Roberts, Emilie G. Robson, Alice O. Smith, Sara N. Strain, Phoebe F. Taylor, Annie M. Thomas, T. Gordies Todson, Anne K. Williams, Nellie Winey. A dietitian is included in the personnel of these Units.

Three more Units of doctors, nurses, and orderlies are on the ocean, if they have not already arrived, one from Philadelphia, a second from Chicago, and a third from the Barnes Hospital, St. Louis. We believe seven Units is the full complement for the present. We welcome them all.

#### THE FOOD PROBLEM.

Copies of the address given by Mr. Eustace Miles at the meeting of the Matrons' Council held at Charing Cross Hospital can be obtained from Miss Hulme, Hon. Sec. Matrons' Council of Great Britain and Ireland, 431, Oxford Street, on receipt of postage for the same; 25 copies 3d., 50 copies 4½d.



## HOSPITAL FOR WOMEN, WOOLWICH ARSENAL.

The conservation of the health of munition workers is of much importance, not only for the workers themselves, but for the efficient maintenance of a most essential industry; and it is therefore of great interest to know something of the arrangements made for their care.

At the great munitions works at Woolwich some 30,000 women and girls are employed; and inside the Arsenal fourth Gate is a hospital for women of forty beds, the entire medical staff of which are medical women. The Medical Officer in Charge is Dr. Wilson, and Dr. M. Lister is second in command.

To show the rapid growth of the hospital work it may be stated that in July of last year there were two residents; in August, three; in December, four; and at the present time, five. The number may seem large for a hospital for forty beds, but the work includes much more than the care of patients admitted to the wards. All the women employed in the munition works are thoroughly examined by a medical officer before being taken on, special observations being made as to the presence of hernia, varicose veins and flat feet, which are of fairly frequent occurrence in those presenting themselves. Cubicles are provided for undressing, and when examined by the medical officer privacy is ensured by curtains on either side of the examinee.

The Nursing Staff, five in number, are members of Queen Alexandra's Imperial Military Nursing Service Reserve, Sister Lind being Sister-in-Charge, and they are assisted by eight V.A.D.'s. The quarters of the nurses, while quite simple, are very attractive, the sitting room having walls pale mauve in colour, with curtains of a deep shade of purple, the easy chairs look very inviting, and the general impression is pleasant and harmonious. Through the sitting room is a small dining room.

In the surgery are four beds for accident cases; and the out-patient department, large as it seems, is proving inadequate for the demands upon it. It is to be enlarged, and connected with the hospital by a covered way.

The hospital proper consists of a medical and a surgical ward, and the cases are both acute and interesting. There are, of course, some bad accidents, and doctor and sister agreed as to the pluck of the girls, who have been injured in serving their country, and who endure their sufferings with heroism.

In some of the medical cases, due to the toxic nature of the explosives among which the girls work, a characteristic symptom seems to be puffiness of the face.

The great munition sheds are a hive of industry, and even on Saturday afternoon, when our visit was paid, the work was going on at full pressure. The majority of the women and girls wear trousers and tunics, and large numbers are employed in making cases for bullets and cartridges. Very earnest and deft they seem as they

bend over their work—work which the nation knows well is necessary for the adequate supply of those munitions to our army in the field. Our heroic soldiers depend, and may with confidence depend, on the women not failing them.

Close to the munition works is a canteen, run by voluntary workers, a most necessary and welcome department. To see the women pouring out of the sheds when their work is over is a sight not readily forgotten, the main thoroughfare to the nearest gate being a seething mass of humanity.

There is also a hospital for the men workers within the gates, of which Miss Todd is Matron.

## MENTIONED IN DESPATCHES.

In Sir Douglas Haig's dispatch published in the *London Gazette* on May 29th the names of the following trained nurses and lady helpers appear:—

QUEEN ALEXANDRA'S IMPERIAL MILITARY NURSING SERVICE (11).—Sister (Acting Matron) Miss M. L. Kaberry, Sister (Acting Matron) Miss C. Mackay, Sister (Assistant Matron) Miss C. Macrae, Sister Miss C. W. Jones, Staff Nurse (Acting Matron) Miss G. D. Morris, Staff Nurse (Assistant Matron) Miss M. J. Branson, Staff Nurse (Assistant Matron) Miss C. R. Townend, Staff Nurse (Acting Sister) Miss H. Dey, Staff Nurse (Acting Sister) Miss J. D. C. McPherson, Staff Nurse (Acting Sister) Miss C. M. Roy, Staff Nurse (Acting Sister) Miss J. F. Watson.

CIVIL HOSPITAL RESERVE (14).—Staff Nurse Miss J. C. Adam (St. Thomas'), Acting Sister Miss I. E. M. Barbier (Bristol Royal Infirmary), Staff Nurse Miss C. Brodie (The London), Acting Sister Miss H. Crawford (Edinburgh Royal), Staff Nurse Miss E. Douglas (Westminster), Acting Sister Miss M. K. Hall (St. Bartholomew's), Acting Sister Miss F. M. Hepburn (Guy's), Staff Nurse Miss G. Hester (University College Hospital), Acting Sister Miss S. M. Leacy (The London), Acting Sister Miss E. M. Lord (Queen's Hospital, Birmingham), Acting Sister Miss C. McDonald (Glasgow Royal), Acting Sister Miss E. S. Newton (Cheltenham Royal Infirmary), Staff Nurse Miss F. E. Southcott (Guy's), Staff Nurse Miss M. Wright (Wolverhampton General Hospital).

LADY HELPERS (13).—Rachel, the Countess of Dudley, Aimée Geraldine Lady Michelham, Lady Mabelle Egerton, Lady Angela Forbes, Miss Louisa Barber, Miss Beatrix Brice-Miller, Mrs. Mary Brice-Miller, Miss Mary Chavasse, the Hon. Lady Murray, Miss Mary Northcote, Miss Lilian Russell, Miss Helen Wilson, Miss Margaret Workman.

A feature of this list is the first appearance of the name of an American woman. This is Staff Nurse Miss E. T. Sharp, of the first Harvard Unit.

The King will hold a special Investiture in Hyde Park on Saturday, June 2nd, for the bestowal of decorations on officers and men of the Navy and Army and members of the nursing service. It will be a very inspiring sight, as several "heroes" are to attend.



### A "MISLEADING" PETITION.

Imitation is the sincerest form of flattery. Sir Henry Burdett has therefore started a Petition to the Prime Minister under the heading of "The College of Nursing, Limited," in one of his publications for nurses. The Burdett nurses are to petition for "direct representation on a democratic basis," "as provided . . . by the College of Nursing, Limited," and further they are to protest "against the attempt to mislead the Prime Minister as to actual facts, feelings and wishes of the overwhelming majority of British Nurses," without being informed by whom and by what means our astute Premier is to be hoodwinked. But that is a detail of no importance to those nurses who are content to follow the standards of the commercial nursing press. The dignity of the College of Nursing is involved in this movement; it has already suffered severely through the methods of its press partisans, which have alienated the sympathies of hundreds of self-respecting women during the past year.

#### CORRESPONDENCE ON THE QUESTION.

The following correspondence has taken place between the Secretaries of the Society for the State Registration of Trained Nurses and the College of Nursing, Limited.

The Society for the State Registration of  
Trained Nurses,  
431, Oxford Street, London, W. 1,  
May 25th, 1917.

DEAR MISS RUNDLE,—On page 128 of the *Nursing Mirror* of May 26th a form of Petition to the Prime Minister appears headed, "The College of Nursing, Limited." I shall be obliged if you will let me know whether the Petition emanates officially from the College of Nursing or whether it is issued by the Editor of the *Nursing Mirror* on his own responsibility.

Will you kindly let me have a reply at your earliest convenience?

Yours very truly,  
MARGARET BREAY, *Hon. Secretary.*

Miss M. S. Rundle, R.R.C.,  
Secretary, College of Nursing, Ltd.

The College of Nursing, Limited,  
6, Vere Street, Cavendish Square,  
London, W. 1.

May 26th, 1917.

DEAR MISS BREAY,—In answer to your letter of the 25th inst., with reference to the Petition in the *Nursing Mirror* of May 26th, 1917, I would inform you that it was published independently of the College of Nursing, Limited, and without consultation or discussion with Members of the Council, or any official in connection with the College.

I remain,

Yours faithfully,

M. S. RUNDLE, *Secretary.*

Miss M. Breay,  
Hon. Secretary Society for the State  
Registration of Trained Nurses.

It is to be hoped the College of Nursing will have the courage to compel Sir Henry Burdett to cease "misleading" the nursing profession, the public and the Prime Minister by using its name without its consent in connection with his ridiculous Petition. The interference of this hospital newspaper proprietor in our professional affairs has long been the curse of the nursing world in this country.

### WHO WROTE IT?

We note that the obsequious letter, signed by twenty-three nurse members of the Royal British Nurses' Association, and sent to this journal as a reply to our criticisms on the "Mysterious Pact" episode, is reproduced in its official organ for May. Of course, our criticism and reply are not republished. But what is of real interest to the members of the R.B.N.A. is, "Who Wrote It?" As we stated at the time, we were informed that none of the doughty twenty-three had composed this elegant effusion—that it was read to them and they signed it. Is this report true or not? Anyway, it appears unfair to deprive the author of the credit due—so that the members may estimate its sentiments at their true value, and acknowledge the literary genius in their midst!

### THE IRISH NURSING BOARD.

APPROVED BY THE ROYAL COLLEGE OF SURGEONS,  
IRELAND.

The Committee of the Irish Nursing Board meet on Friday this week to consider the Draft By-Laws which are of course "private and confidential," until they have been considered and approved. The Committee is largely composed of women who have for many years devoted much thought and service to the organisation of nursing, especially with a view to safeguarding the interests of Irish nurses, and protecting their right to representation and registration. Thus these women who have conscientiously supported the principle of State Registration for many years, have earned the confidence of their colleagues in Ireland, and we feel sure will have their support when the Register of Irish Nurses is started—it is hoped at an early date.

On the other hand, the Irish Board appointed by the College of Nursing, Limited, on which the majority of the most obstructive anti-registration Matrons and doctors have been nominated, have begun their campaign "whether the nurses want it or not."

Irish nurses will only register with this Company if compelled to do so by their Committees, Matrons and medical staff, and we advise them to read carefully the Constitution of the College before signing away their personal liberty, as the Regulations are not printed on the agreement form.



In the Memorandum 3 (J) power is taken "To remove from the Register the name or names of any person or persons as the Council may in its discretion think proper."

No power of appeal is provided for the registered nurse. This autocratic assumption of power places the nurse in a most defenceless position, and she practically agrees (when she signs the Agreement) to be accused, tried, judged, and condemned without the right to defend herself. This is a most dangerous provision, and is sufficient to condemn the whole constitution of the College.

For months past the supporters of the College in and out of the press, have assumed the title "Royal British College of Nursing," thus using the prefix "Royal," which has not yet been granted to it. This of course gives it a status to which at present it has no right, and is calculated to influence nurses in placing their names on the voluntary register.

## THE POOR-LAW UNIONS' ASSOCIATION AND THE COLLEGE OF NURSING, LTD.

### CIRCULAR FROM THE COUNCIL TO BOARDS OF GUARDIANS.

The following is a copy of a circular letter which has been sent by the Council of the Poor-Law Unions' Association to the Boards of Guardians in England and Wales:—

#### COLLEGE OF NURSING, LTD.

##### PROPOSED NURSES' REGISTRATION BILL.

Dear Sir,—I am directed by my Executive Council to advert to the subject of the establishment of the above-mentioned College, the principal objects of which were referred to in the last annual report of the Council and were discussed at the annual meeting of the Association in November last, when the following resolutions as to the provisions of the proposed Nurses' Registration Bill were passed, namely:—

(1) That the Association of Poor-Law Unions can with advantage sympathetically consider the objects of the College of Nursing, Ltd., with a view to active co-operation, subject to such proposals and conditions as may be necessary in order to safeguard Poor-Law interests in the matter and effect equalisation of the Nursing Service.

(2) That Poor-Law interests can only be properly safeguarded by representation on the Nursing Council of persons directly appointed by the Council of the Association of Poor-Law Unions.

(3) That the number of representatives of the training schools of general hospitals and of Poor-Law authorities to be elected on the proposed Nursing Council should not be less than one-third of the whole number of such Council.

(4) That one-half of the representatives of the training schools upon the proposed Council should be representatives of training schools of Poor-Law authorities.

(5) That the conditions of registration at present existing as regards the College of Nursing should be revised so as to provide for the registration of existing nurses until the expiration of three years from the passing of the proposed Nurses' Registration Bill.

(6) That any training school for nurses sanctioned by the Local Government Board should be recognised as a training school for the purposes of the College of Nursing.

Upon further consideration of Resolution 5, referred to above, the Council have, since the annual meeting, also adopted the following addenda, namely:

(a) "For a three years' term of grace after the passing of the Bill, nurses in practice who hold a certificate of training, or produce evidence of training satisfactory to the Council, shall be entitled to be registered without further examination."

(b) "No practising Poor-Law nurse of five years' experience as a nurse shall be excluded from the provisional registration roll."

The above resolutions have all been duly forwarded to the Provisional Council of the College of Nursing, Ltd., to whose attention the very important and indispensable part played by the Poor-Law and its Nursing Service has also been urgently directed with a view to achieving co-operation in carrying out the idea of compulsory and general registration of trained nurses.

The Provisional Council of the College, which is about to be amalgamated with the Royal British Nurses' Association under the style of the Royal College of Nursing, Ltd., has through the Hon. Arthur Stanley, M.P., Chairman of the College, stated that it is desired to do everything possible to meet the wishes of this Association, and that they feel it is only by agreement between the bodies representing the nursing profession that there is any hope for the passing of the Nurses Registration Bill through Parliament.

At the same time my Council have observed with surprise that the Provisional Council which is constituted wholly of persons unrepresentative of the Poor-Law, has quite recently intimated that there is no possibility of finding places on the Council for representatives of the National Poor-Law Officers' Association, Incorporated, in spite of previous promises to the contrary, nor has any invitation been extended to my Council to appoint representatives of this Association on such provisional Council.

My Council find it exceedingly difficult to understand the attitude which is being adopted by the Provisional Council having regard to the above-mentioned admissions made on behalf of that body by the Hon. Arthur Stanley; but they are unanimously of opinion that the interests of the Poor-Law require active co-operation on the part of Boards of Guardians in combating any scheme which challenges the right of representation to the persons most deeply concerned.

My Council has therefore passed the following



resolution, which they trust you will take the earliest possible opportunity of bringing under the notice of your Board, namely:—

"That pending the acceptance by the promoters of the \*Royal British College of Nursing of the minimum requirements of this Association or any modification thereof agreed to by the Association, Boards of Guardians be advised to withhold their support or approval in any way of the proposals of the said College."

The Council is desirous of supporting the National Association of Poor-Law Officers in their efforts to secure adequate representation of Poor-Law nurses on the Provisional Council of the College, and with this object in view they consider that you would be justified in urging all your nurses to sign the petition requesting that such representation be forthwith conceded.

Yours truly,

HERBERT DAVEY.

The Clerk to the Guardians.

### THE SUPPLY OF NURSES COMMITTEE.

As we went to press last week the "Report of an Advisory Committee appointed by the Army Council to inquire into the Supply of Nurses" issued in January last was made public, and we inserted its recommendations. The chief points of interest upon which the Report touches are (1) the appointment of the Committee, (2) its proceedings, (3) Nurses engaged in Public Health work, (4) nurses in poor law institutions, (5) Queen Victoria's Jubilee Institute for Nurses, (6) School Nurses, (7) Metropolitan Asylums Board, (8) Civil Hospitals, (9) Trained Nurses, (10) Future Sources of Supply, (11) Conditions of Service, (12) Untrained Nurses, (13) Private Nurses, (14) Conscription and General Organisation of Nurses, (15) General Observations.

For the Committee's Summary of Recommendations on these points we refer our readers to our last issue.

*Clauses 1 and 2* of the Report deal with the appointment of the Committee and its proceedings.

3. *Nurses Engaged in Public Health Work.*—The Committee do not think that it would be good policy to attempt to draw more nurses from those engaged in Public Health Work under the Local Government Board in Isolation Hospitals, Sanatoria for Tuberculosis, and as Health Visitors.

4. *Nurses in Poor Law Institutions.*—The Committee are convinced that very few nurses can be drawn for military work from this source apart from those completing their term of training.

5. *Queen Victoria's Jubilee Institute.*—The Committee consider it would be in the highest degree unwise to encourage Queen's Nurses to leave their posts, and that the gain to the wounded would be small in comparison to the loss to the future strength of the nation.

6. *School Nurses.*—Neither the Board of Education, nor the Scotch Education Department feel able to advise or encourage any more school nurses

to undertake work in military hospitals, and the Committee concur.

7. *Metropolitan Asylums Board.*—The Committee consider that the Board cannot meet its obligations if any more nurses are taken from their hospitals.

8. *Civil Hospitals.*—The Committee have sent out letters of enquiry to about 1,000 civil hospitals in the United Kingdom, including general, special, and infectious. The result shows the following average proportion of trained nurses to beds:—London Hospitals, 1 to 13; Provincial Hospitals (England and Wales), 1 to 24; Scottish Civil Hospitals, 1 to 14; Irish Civil Hospitals, 1 to 20.

9. *Trained Nurses.*—The Committee state that the evidence before them tends to show that the Queen Alexandra Imperial Military Nursing Service, the Territorial Force Nursing Service, and the Joint War Committee have found little difficulty in securing the number of trained nurses they require, but many of these have been drawn from other services at home which have now reached the point where further depletion would be calamitous. They estimate that the annual wastage of trained nurses tending military cases is at least 1,400, and in connection with recommendations which they make for more regular leave that a total addition of 1,500 to the strength of trained nurses for military work would be necessary.

10. *Future Sources of Supply.*—The Committee have therefore to contemplate a requirement of 2,900 more trained nurses for the year following the issue of the report.

The numbers of those who in the course of the year will have completed their training in the United Kingdom are estimated at 3,607, and reckoning that two-thirds of these will be available for military service, the estimated number is 2,400, which it will be seen is 500 less than those required.

The number of trained nurses employed per bed for officers averages 1 to 4, and the Committee suggest that this proportion should be reduced to 1 to 6. Also that all small auxiliary hospitals should be restricted to cases of the less serious type, and that no new hospitals of less than forty beds should be opened.

#### V.A.D.'S AS STAFF NURSES.

The Committee in order to prepare for any great emergencies have enquired from Matrons of war hospitals and voluntary hospitals the number of probationers, including V.A.D. members, who might be qualified to act as nurse under a Sister. The number returned amounted to 5,000. They consider this number may be excessive, but that there is a large and increasing number which should form a useful reserve if the supply of trained nurses should fail.

(To be continued.)

*Masseuse*: "Have you ever had massage before, Brown?" "Oh, yes; but it was a bit rough. I think it was a lady of independent means who did it."—*Royal Infirmary, Leicester, Nurses' League Journal*

\* No such Corporation exists at present.



## THE SOCIETY FOR THE STATE REGISTRATION OF TRAINED NURSES.

### A MESSAGE FROM AMERICA.

The Annual Meeting of the Society for the State Registration of Nurses will be held on Thursday, June 7th, at 11, Chandos Street, Cavendish Square (the Rooms of the Medical Society of London), at 4 p.m. We realise how difficult it is for members, all working against time, to attend meetings, yet we hope every member who can possibly do so will make an effort to attend, as it is very important the registration pioneers should hear the Report of the serious work which has engaged the members of the Executive Committee throughout the year, and grasp the vital importance of helping to attain State Registration of the whole profession, and not merely a system of recognition of the nurses on the voluntary Roll of one Society. We don't want State Recognition of a system of registration, defined by a lay corporation, concerning the standards of which the Nursing Profession has never been consulted, but Registration by the State, through an Act of Parliament, which will authorise the statutory authority to form the Register of practising nurses, and define the educational curriculum and standards for the Central Examination, qualifying for registration after the three years' term of grace.

It is little less than an outrage that members of the S.S.R., whose work has made State Registration a national question, whose Bill has passed the House of Lords, and been given a first reading on a Division in the House of Commons, should have the results of their labours, for which thousands of pounds have been paid, rendered null and void by the Employers' Bill, drafted by the Nursing College Co., through which the rank and file of our profession will in practice be deprived of all economic independence, and placed under an oligarchy of hospital committees and officials, who have no more right to control the Nursing Profession than they have to dominate the Medical or Midwifery Professions.

The President, Mrs. Bedford Fenwick, will speak on the Crisis in the Nursing Profession, and if he can be spared from active hospital duty, Major Chapple, M.P., will also address the meeting.

From the Department of Nursing and Health, Teacher's College, Columbia University, New York, comes a most inspiring Message expressing its high appreciation of the long and valiant services, which the Society for the State Registration of Trained Nurses has rendered to the cause of nursing.

Every member who values liberty of conscience and action should attend the meeting, and join in the vote of thanks to our colleagues in the United States.

After the meeting those present are most kindly invited by Mrs. Walter Spencer to tea at 2, Portland Place.

## APPOINTMENTS.

### MATRON.

**Manor Hill Red Cross Hospital, Birkenhead, Cheshire.**—Miss Lilian E. Hunting has been appointed Matron. She was trained at the David Lewis Northern Hospital, Liverpool, where she held the position of Surgical Sister. She has also been on the staff of the 1st Western General Hospital, Fazakerley, Liverpool, and Sister of Theatres General and X-Ray at the King George Military Hospital, London, E.C.

### SISTER.

**Children's Hospital, Paddington Green.**—Miss Jane Marsh has been appointed Sister. She was trained at the St. Marylebone Infirmary and Gray's Isolation Hospital, and has had experience of Ward Sister's duties.

**St. James' Infirmary, Balham.**—Miss Edith Taylor and Miss Elsie Dalby have been appointed Ward Sisters. They were trained in the same institution and are both certified midwives. Miss L. A. Flower has also been appointed Ward Sister. She was trained at the Booth Hall Infirmary, Manchester, and has been Ward Sister at Bermondsey Infirmary.

**Isolation Hospital, Colchester.**—Miss Adah Audrey Patten has been appointed Sister. She was trained at the Western Hospital, Fulham, and has been Staff Nurse at the Leicester and Wimbledon Isolation Hospitals, Charge Nurse at the Folkestone Sanatorium, and at the Borough Hospital, Earlswood.

## PRESENTATIONS TO MRS. SINCLAIR.

A pleasant function took place at the Liverpool Hospital for Consumption on Saturday, 19th inst., when the veteran Matron, Mrs. Sinclair, who is retiring after thirty-seven years' service, was the recipient of testimonials, one from the medical staff, who gave her a beautiful morocco writing cabinet, with silver fittings, and the hospital staff a useful bed table and reading lamp. Felicitous speeches were given by the Rev. Dr. C. H. Watkins, Drs. Irvine, Thomas, and Hugh Clarke, and the secretary, Mr. W. H. Rayner, to which Mrs. Sinclair suitably responded.

On the 21st inst. the Ladies' Committee and several interested subscribers presented Mrs. Sinclair with a bathchair and serviceable wheeled house chair, together with a substantial cheque. Regret was expressed that prolonged physical disabilities necessitated her retirement, but the hospital was to be congratulated on the fact that Miss Bryan, so long Mrs. Sinclair's assistant, had been appointed her successor as Matron.



## NURSING ECHOES.

The Trained Women Nurses' Friendly Society held its Annual Meeting at 431, Oxford Street, W., on May 23rd. A very satisfactory Report was presented, and the Hon. Officers were all re-elected.

The financial condition of the Society is extraordinarily good considering the number of members, an average of £400 a year having been saved and invested annually since its inception. This proves that matrons and nurses are very capable of managing their finances, and how absurd it is, with their keen sense of economy, all their money should be managed by men. Nurses should send for Forms and join their own professional Approved Society, and pile up savings so as to be ready by and bye to secure additional benefits.

A nurse once said to us: "Women know nothing of business; I always feel more confidence in a pair of trousers." With so many women doing men's work—and wearing the dual garment in which the aforesaid nurse had such unlimited confidence—this argument will not hold good for the future!

At a reception given by the lady members of the Overseas Club, Aldwych, to Mrs. Lloyd George, several prominent nurses had the pleasure of being presented to her. Amongst them Miss Conyers, R.R.C., Matron-in-Chief, Australian Army Nursing Service; Miss Macdonald, R.R.C., Matron-in-Chief, Canadian Contingent; and Miss Claridge, A.N.S.R., late Matron-in-Chief, Trained Nurses' Department, Order of St. John.

A Meeting of the School Nurses' League was held at Eustace Miles Restaurant on Saturday, May 19th, when the nurses discussed various topics of interest, and a representative was elected to be present at the special meeting arranged by the Co-operative Sub-Committee of Health Workers to give some account of the work of the School Nurse.

This should prove an interesting subject, as showing the progressive steps, commencing with the care of the child from birth, succeeded by the attention of the Health Visitor, and finding its completion in the kindly care of the School Nurse, commonly called "Our Nurse."

Probationers' salaries are being raised in many hospitals, and not before time. If a probationer receives a salary, it should be adequate to her needs. The time may come when

well-organized costly nursing education in hospitals will compel committees to charge for training, but until more is spent on a defined curriculum, and shorter hours of work possible, the present salaried system will continue. We are informed by the Secretary of the Royal Halifax Infirmary that the Board has recently increased the scale of salaries for probationer nurses for three years' training from £6 to £10 first year, £10 to £14 second year, and £16 to £18 third year.

Close on forty years ago we were taught bandaging by a pupil of this school, then a Charge Nurse at the Children's Hospital, Nottingham. It was our ardent ambition to excel the miraculous manipulations of the bandage by this expert, a feat, alas! we never accomplished. No doubt the standard of surgical technique at the "Halifax Royal" continues to excite the admiration of competitors.

We are glad to note that under the will of Mr. Joseph Taylor, of Great Barr, the Walsall and District Hospital (always associated with the name of Sister Dora) benefits to the extent of £20,000, the Walsall Victoria Nursing Institution receives £10,000, the Queen's Hospital, Birmingham, £5,000, and other hospitals and charities substantial bequests. We are always glad when money is left to benefit District Nursing Associations in which Queen's Nurses are at work. We are of opinion that testators cannot get better value for their money.

Miss Grace Elliott, acting as a nurse at the hospital at Steventon, Abingdon, Berkshire, who has been missing since March 19th, has returned to her home at Jesmond, Newcastle-on-Tyne.

She rode out of Abingdon on her bicycle in the afternoon, and for two months all trace of her was lost. Her description and photograph were published in the press, and when last week she applied to the Royal National Pension Fund for Nurses, she was recognised and was sent home to Newcastle.

A whole column of letters appears this week in the *Sunday Times*, headed "Benevolent Fund for Nurses." Miss A. Millicent Ashdown, R.B.N.A., is the lone defender. She asks: Why are nurses only to be precluded from sharing in the benevolence of those whose sympathies have been aroused by their work and self-sacrifice? Miss E. L. C. Eden writes





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### RULES FOR COMPETITION.

1. Any reader of THE BRITISH JOURNAL OF NURSING may compete for the prize of **FIVE SHILLINGS** which will be paid to the **writer of the best article of from 300 to 750 words on the following subject—**  
"Name some of the causes of the great mortality in infants and how to prevent them."

The dated Coupon for June 2nd, published on this page, must be cut out by the Competitor, and enclosed with the article she sends, with her full name and address inserted. The number of words of article to be written on left hand top corner of first page. This answer should be posted not later than **June 2nd**, to the Editor, 20, Upper Wimpole St., London, W. 1, marked on the envelope "Prize Competition." The Name of the Winner of the Prize and the Prize Article will appear on **June 9th, 1917.**

2. The Editor's decision must be accepted by each Competitor as final and unquestionable.

## TALKS WITH NURSES

BY A DOCTOR OF MEDICINE.

No 1.—What is a true Chemical Combination?

To understand why some medicinal products are so much superior to others, it is necessary to have a clear idea of the subtle changes which are wrought by the power or compelling force of chemical combination. Let us take a simple instance. If you mix two measures of hydrogen gas with one of oxygen gas, they remain as a simple mixture not chemically combined. But if you now suddenly "act upon," or violently agitate, the gases by passing an electric spark through the three measures, they instantaneously unite with one another "chemically," and form two measures of water vapour. So great, then, is the difference between a mere mixture of oxygen and hydrogen gas, and the compound which these gases form when chemically united. A new substance is formed, exhibiting properties entirely different from those of either of its components.

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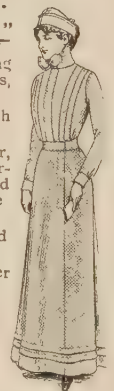
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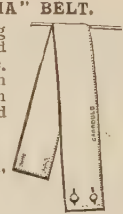
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bluntly that "The College of Nursing has established no claim to be the right body to administer such a fund." Moreover, presumably Miss Ashdown is unaware that there are already numerous "war charities" for nurses. (1) Queen Alexandra's Fund for War Nurses, to which the public has subscribed thousands of pounds, and which helps sick and needy nurses with grants of money; (2) Queen Mary's Hostel for War Nurses, a luxurious hotel in Bedford Place, where nurses can stay, free of all charge, when passing through London or on a visit; (3) several beautiful Convalescent Homes in France, Malta, Salonika, and elsewhere; the Edith Cavell Memorial Home for Nurses, now appealing for an endowment of £30,000; Nurses' Clubs, free, in various cities; the King Edward Homes for Nurses at Clapham and Edinburgh; the King's Coronation Fund in Dublin; and many other helpful schemes. What professional nurses specially dislike in the "Nation's Nurses" appeal is that it has been made in their name, without consulting them, by a Company of laymen, which is also attempting to obtain a monopoly of educational, economic, and disciplinary power over them.

Miss Ashdown writes: "In the underlying quarrel which the Central Committee for State Registration has with the College of Nursing your readers cannot be expected to enter." Why not? It is a very simple proposition, and one the male public would have little difficulty in grasping. Simply, Shall the employer govern the worker without consent? Shall a Company of laymen appeal to the public for funds to enable them to govern a woman's profession, and thrust upon its independent members a system of control of which they disapprove? Members of men's professions, trade unionists, any self-respecting human, can enter into the "underlying" quarrel of such a nature. It is as simple as A B C.

Miss Ashdown continues:—"But certain it is that when nurses in general and the public realise the action which the Central Committee is taking to prevent help being extended to their less fortunate sisters, they will not hold these women excused who allow their jealousy of a younger rival to lead them to such lengths of hostility as to prejudice an appeal so obviously well timed and so needed as the proposed 'Nation's Fund for Nurses.'"

Miss Ashdown is well aware that the Central Committee has taken no part in the "pauperization" controversy. But the self-governing Nurses' Societies are to a woman against

further patronage; they have had enough of its demoralising effects during the war.

If the College of Nursing desires to be a charitable institution, let it accept that position (although the guinea fees paid by nurse members should meet all justifiable expenses of a voluntary organization); but it has no right to make an appeal in the name of the "Nation's Nurses," over 50,000 of whom at least it has no control whatever. We believe in hard work, self-support, mutual help, and independence, and it will be a sad day for the "Nation's Nurses" when they are content with any other professional standard.

### SCOTTISH NURSES' ASSOCIATION.

The following Resolution has been sent by the Scottish Nurses' Association to the British Women's Hospital Committee:—

#### RESOLUTION.

The Executive Committee of the Scottish Nurses' Association desires to express to the Committee of the British Women's Hospital Fund its sincere thanks for the consideration given to the views laid before it by the President of the Society for the State Registration of Trained Nurses on the subject of the Nation's Fund for Nurses promoted by the College of Nursing, Limited.

But for difficulties due to time and distance the Scottish Nurses' Association would have sought to be associated with the Society for the State Registration of Trained Nurses in the representations made to the British Women's Hospital Committee.

Besides the strong reasons against any appeal for money on behalf of trained nurses at the present time, the Scottish Nurses' Association beg to point out that the College of Nursing, Limited, is at present in antagonism to all the organised Nurses' Associations of the three Kingdoms, mainly because the registration of nurses, proposed by the College of Nursing, Limited, is fundamentally different from State Registration of Trained Nurses as understood by every country in which such registration prevails.

In the vocabulary of the College of Nursing, Limited, State Registration means only State recognition of their own register of members. Any fund which could be regarded as, in any way an endowment to the College of Nursing, Limited, would be only endowing resistance to the genuine State regulation of Nurses' training and registration which the trained nurses of the United Kingdom have fought for during a quarter of a century, and which is one of the chief aims, if not indeed the chief aim, of all the organised Nurses' Associations of the Kingdom.

(MRS.) REBECCA STRONG (Trained Nurse),  
President.

MARGARET R. STEWART (Trained Nurse)  
Hon. Secretary.



## THE ELECTORAL REFORM BILL.

### WOMEN'S SUFFRAGE SAFE.

The Government secured, as was expected, an overwhelming majority of 289 votes for the second reading of the Reform Bill on May 23rd, when only forty members voted against it. Such difficulties as have to be faced will confront the Government in the Committee stage, but as the women's societies are prepared to accept the compromise on female enfranchisement put forward in the Bill, and have shown their common sense in so doing, we do not anticipate any effective opposition to this long-delayed modicum of justice to women. We accept the Local Government qualification at the discreet age of thirty.

The new services franchise has met with no opposition. This makes it possible for men and women on foreign service who possess the above qualification to vote in the constituencies in which they would have qualified but for the war. Nurses who wish to become enfranchised must secure a Local Government vote. Those who are Matrons of Nursing Homes and institutions or rent houses or unfurnished rooms are in the happiest position for the time being their vote is secure. We advise all nurses to make inquiries as to their eligibility as soon as the Bill has passed all its stages and has received the King's assent.

There is little doubt that thousands of hospital nurses "living in" will not be included in the reform, but we all look forward to manhood, including womanhood, suffrage at no great distance of time. Then their turn will come.

### COMING EVENTS.

*May 31st.*—The Irish Nursing Board, approved by the Royal College of Surgeons, Ireland. Meeting to consider the By-Laws. Dublin.

*June 2nd.*—Irish Nurses' Association. Meeting Executive Committee, 34, St. Stephen's Green, Dublin. 8 p.m.

*June 7th.*—Society for the State Registration of Trained Nurses. Annual Meeting. Medical Society's Rooms, 11, Chandos Street, Cavendish Square, London, W., 4 p.m. Tea after the meeting by the kind invitation of Mrs. Walter Spencer, 2, Portland Place, W.

## LETTERS TO THE EDITOR.

*Whilst cordially inviting communications upon all subjects for these columns, we wish it to be distinctly understood that we do not in ANY way hold ourselves responsible for the opinions expressed by our correspondents.*

### REAL REGRET.

To the Editor THE BRITISH JOURNAL OF NURSING.

DEAR MADAM,—I learn, with very real regret that owing to Lord Derby's appeal for nurses to join the Q.A.I.M.N.S., the N.U.T.N. have decided to close their War Register.

I feel that as a means to an end, the War Register has more than justified its existence, both its inception and its conduct have been marked by useful and masterly organisation, and to me personally it is a matter of keen regret, that the ever changing condition of this ghastly war necessitates its demise.

The War Register was, to my mind, a striking example of the ever-present utilitarian methods which one always associates with the N.U.T.N., and the pleasing courtesy and consideration one was sure of receiving from every member of the staff made it a pleasure to call.

Yours faithfully,

M. F. TATTAM.

Rockfield, Llandrindod Wells.

### SHOULD NURSES RECEIVE GIFTS FROM WOUNDED PATIENTS ?

To the Editor of THE BRITISH JOURNAL OF NURSING.

DEAR MADAM,—I do not think there can be two opinions on the above question. Sisters and Nurses should certainly not receive presents from hospital patients, civil or military. May I also include Matrons, although it does not appear possible that such a thing would be contemplated. I enclose you a cutting, however, to show that it may occur. From it you will see that the Matron of a V.A.D. hospital, upon leaving after six months in office, received gifts from nurses, orderlies and patients. After a whist drive the doctor, on behalf of the nurses and orderlies, asked her to accept a purse containing £3 10s. in notes, and Private L— expressed the thanks of the patients and presented her with "a hand-mirror and other toilet requisites." Of course we all recognise the good feeling which prompts the bestowal of such gifts—but *ce n'est pas la guerre!* I hope with you that such presentations to Matrons and Nurses from military patients will be discouraged by the right authorities.

Yours faithfully,

SISTER Q.A.I.M.N.S.R.

### REPLIES TO CORRESPONDENTS.

*Correspondent, Derby.*—We think you must mean I.C.T. not T.C.T. The former means Infection of the Connective Tissues, which is practically the same as septic infection of the skin (allied to but not the same as erysipelas) it is therefore to some extent infectious.

There is no need to say anything when presented professionally to your superior medical officer, and he salutes. Simply acknowledge the salute.

### OUR PRIZE COMPETITIONS.

#### QUESTIONS.

*June 9th.*—Name some of the causes of the great mortality in infants, and how to prevent them.

*June 16th.*—What are the incubation periods of measles, scarlet fever, whooping cough, enteric fever and typhus fever? Also state the common length of the diseases and the length of the period of infection.



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# The Midwife.

## POST GRADUATE WEEK.

### GENERAL LYING-IN-HOSPITAL, YORK ROAD, LAMBETH.

(Continued from page 372.)

TUESDAY, MAY 22ND.

The Maternity Hospital and Infant Welfare Centre in Underwood Street, Whitechapel, is a very desirable, complete and efficient piece of work. It is a very great advantage to have these two organisations under one administration.

The Matron, Miss Walter, most kindly invited the post-graduate midwives from York Road to visit the hospital, and they spent there a most enjoyable afternoon.

They first visited the Infant Welfare and saw the most charming little naked babies turning the scale at various weights. One remarkably fine, breast-fed boy of nine months weighed 19 lb. 10 oz. In another room they were shown various cunning patterns for infants' clothing, which the mothers are taught to cut out and make. Wool binders and vests are insisted upon for all infants, and cork umbilical pads are advised. When the napkins are discarded, drawers must be worn; one of the doctors refuses to examine the baby unless this regulation is obeyed.

Two of the baby boys had that morning undergone circumcision, which is, of course, a religious rite, and they were wearing elaborate robes in consequence.

The hospital is small, being originally intended for only six beds; but when the rush of refugees came extra beds were put up, which have never since been removed. To prevent overcrowding the infants are kept in a ward by themselves.

Everything connected with mothers and babies is exquisitely neat and dainty. One mother observed that it was worth while having a baby to come in.

The hospital is a recognised training school for midwives who enjoy a year's tuition, six months' midwifery and six months' health visitor's training. Pre-natal work has always been recognised as part of the hospital routine. On the discharge of the mother, at the end of fourteen days, she is followed up by the health visitor and is encouraged to join the Infant Welfare, so that mother and child are both kept in touch with the nurses and doctors who have intimate knowledge of their history.

Everyone exclaimed with admiration at the linen cupboards, which were well stocked and were in most perfect order—each pile of articles being encircled with blue linen bands which gave them a very smart appearance.

The nurses' bedrooms were also much admired. The lavatory basins, with hot and cold water

laid on, were a great feature; the cupboard accommodation was also to be envied.

The guests were invited to tea in the nurses' charming dining room, which opened on to the roof garden, and a delightful meal of home-made cakes was partaken of.

Miss Walter, it is obvious, possesses the secret of getting the best out of those who work for her, and every department spoke of thoughtful care. More than one of the guests remarked on the refreshing absence of "frills" in those in authority.

With all concerned it was evidently a case of "With goodwill doing service."

WEDNESDAY, MAY 23RD.

On Wednesday morning, "Clinics on the Baby" were conducted by the Ward Sisters.

Sister French described the different modes of treatment of the cord by different physicians. One prefers that the baby shall be put in the bath from the first, while another does not allow a bath until after the cord has separated.

Bad eyes from gonorrheal infection were rare, though occasionally they had cases of bad eyes from other causes. The trouble usually coincided with the time that the mother was able to sit up and do little things on her own account for the baby; this, of course, could not be altogether prevented.

She considers that twice a day is sufficient to bathe an infant's eyes, in the ordinary way.

As regards the cleaning of the mouth, she pointed out the dangers of inexperienced mothers or nurses being entrusted with this duty and said that at York Road it was found better to abandon the practice altogether than risk injury to the mucous membrane.

In the afternoon, Professor Arthur Keith lectured to the midwives. Sister Olive prefaced his lecture by saying what a great honour he had done them by coming down to speak to them.

His subject was on "The Reason why Certain Things are Done to Arrest Hæmorrhage."

He said that it was commonly said, "I pulled round" such a person, whereas they were but nature's agent—the assistants of nature. They simply put persons into a position to get better.

He illustrated the analogy between a burst water pipe and a cut artery. Faintness was the cause of the slowing down of the heart's action, the turning off of the blood at the main, and the consequent coagulation which ensued as the blood passed over the dead surface.

He pointed out how that the fœtus, in common with the chick in the egg, was an absolute parasite upon the mother, and with diagrams illustrated the means by which the fœtus obtained its nourishment and oxygen from the mother's blood vessels.



He described the process by which nature provided for the coagulation of blood in the uterus, thus preventing serious hæmorrhage in normal cases from the action of the trophoblast, which, while it ate into the mother's tissues, also provided for coagulation.

Dr. Fairbairn's lecture followed close on that of Professor Keith. His subject was "Difficulties of the Breech."

He first described the difficulties of extended legs, and showed how they acted as a splint stiffening the whole body.

It was important to diagnose this condition early; while it was fairly high up there was no risk to the child while sending for assistance; while if it were low down (what was known as impacted breech), it would be impossible for a midwife to deliver the woman.

He then described the method by which extended arms could be brought down, and said that a midwife in these cases had to act promptly.

Many of these infants were born in an asphyxiated condition. There was a good deal said on the difference between blue and white asphyxia. He held that if there was any difficulty in getting the child to breathe, it was a case of white asphyxia. He illustrated the condition by likening it to anæsthesia of chloroform. In blue asphyxia, reflexes were present; in white, they were absent. In the latter condition there would be a certain amount of floppiness in the child which also corresponded with complete anæsthesia.

#### THURSDAY, MAY 24TH.

On Thursday morning the Demonstration in the Milk Kitchen, by Sister French, attracted a large and interested audience; and in the Lecture Hall Sister Olive gave a practical demonstration on Urine Testing, afterwards showing some of the Museum specimens to visitors present and introducing them, in one of the wards, to the tiny baby in a tent—a method much preferred to using an incubator.

On Thursday afternoon a large party attended Dr. Eric Pritchard's clinic; he gave a short and very practical talk on the inheritance of the child, and on the care of the baby during the first ten days; other parties went to the Burroughs & Wellcome Medical Museum—where Mr. Thompson, the Curator, kindly conducted the midwives to the sections likely to interest them—and to the Sanitary Institute. This museum, for the time, like many others, seems rather at a standstill, but enough was seen to make one realize that a sanitary inspector's or health visitor's certificate are valuable assets to the midwife—gulleys, traps, drains, ventilators, &c., may sound dull, but the variety and ingenuity of many of the sanitary appliances make the course attractive. In the evening, Sister Olive gave a lecture on "Simple Aids in the Teaching of Midwifery"—some original models and diagrams served to illustrate the points; as several teachers of practical midwifery were present, it was a useful theme. Those who were not teachers discovered that some of the

puzzling obscurities in midwifery became clear when simply demonstrated.

#### THE EXAMINATION.

The following is the examination paper set on Friday, May 25th:—

1. Describe briefly the uterus, and its contents at the fifth month of pregnancy. What may lead to the expulsion of the ovum at this time?
2. What are the devices of nature to check hæmorrhage?
3. What are the difficulties which attend the early stages of breast feeding, and how may they be overcome?
4. What importance do you attach to the observation of the urine during pregnancy. State your method of examining the urine.

#### THE PRIZE WINNERS.

Ten post graduates entered for the test examination. The papers were judged by Dr. Garces, the House Physician.

The first prize (value 10s.) was awarded to Mrs. Newcombe, and the second prizes (value 5s.) to Miss Hope Bell and Miss Bakewell; Miss Heath was commended.

(To be concluded.)

### BABY WEEK.

Arrangements for "Baby Week" are now being made in many directions. The following lectures for speakers have been arranged:—

Mrs. H. B. Irving, May 30th, 5.30.—"National Baby Week: Its object, programme, and general policy; what to say to a general audience before and during Baby Week."

Dr. Saleeby, June 1st, 5.30.—"Infant mortality: Causes, prevention, statistics."

Dr. Flora Shepherd, June 4th, 5.30.—"Mothercraft considered as an educational problem for all classes."

Miss Halford, June 6th, 5.30.—"Mothercraft Competition."

Major Darwin, June 8th, 5.30.—"Heredity and Eugenics."

Dr. Fairbairn, June 11th, 5.30.—"Provision for safe birth."

Miss Fitzgerald, June 13th, 6.—"The Health Visitor."

Dr. Murray Leslie, June 15th, 5.30.—"Mothercraft Exhibition."

Mrs. H. B. Irving, June 18th, 5.30.—"Work of an Infant Welfare Centre."

Dr. Burgess, June 22nd, 5.30.—"The Care of the Infant."

Dr. Kenwood, June 25th, 5.30.—"Milk—its supply and preservation."

Lady Helmsley, June 27th, 5.30.—"Day Nurseries."

The lectures will be given at the Lecture Room, 52, Berners Street, W. Applications for tickets (free) should be made to Miss Elliott, National Baby Week Council, 6, Holles Street, W.1, a stamped envelope being enclosed for reply.



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 hoped to be again, that I should recom-  
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Yours faithfully, ANNIE WILLIAMS.

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